



WINNERS 1986 - 2018

DR. ELIZABETH FENIAK AWARD FOR EXCELLENCE IN TECHNICAL WRITING

- 1986: Elizabeth Gordon, University of Saskatchewan: '*Stress in the farm family: Implications for the rural human service worker*' (undergraduate) CHEJ 37:1; Hannah Whitney, Mount Saint Vincent University: '*The dietary methylxanthines: A review*' (undergraduate) CHEJ 37:3.
- 1987: Jean L. (Masson) Ashdown, University of Alberta: '*Residential rehabilitation: The homeowner's decision*' (undergraduate) CHEJ 38:1.
- 1988: Donna Colter, University of Alberta: '*The design and manufacture of clothing for the disabled*. (undergraduate) CHEJ 38:4; Debralee Lloyd-Graham, University of Guelph: '*Pretreatments may reduce problematic neps on cotton fabric*.' (undergraduate).
- 1989: Maryse Therrien, Macdonald College, McGill University: '*Effects of Omega-3 fatty acids on total cholesterol and high-density lipoprotein cholesterol in humans*' (undergraduate) CHEJ 39:4; Sarita Gupta, University of Western Ontario: '*The influence of early protein-energy malnutrition on subsequent behavior and intellectual performance*' (undergraduate) CHEJ 40:1.
- 1990: Lynne Zonneveld, University of Manitoba: '*The role of glutenin protein in pasta quality*' (undergraduate) CHEJ 40:4.
- 1991: Margaret King, University of Guelph: '*Brand name, store image, and country of origin: the effects on consumers' perceptions of quality and price*' (undergraduate) CHEJ 43:1.
- 1992: No award. (*Graduate prize initiated 1993*)
- 1993: Shawna Lemiski, University of Alberta: '*Ukrainian embroidery in the twentieth century: Expressing a national self-concept*' (undergraduate) CHEJ 44:2; Sue L. T. McGregor, Mount Saint Vincent University: '*A primer on the micro-economic paradigm: The traditional approach to consumer policy*' (graduate) CHEJ 44:1.
- 1994/1995: No awards
- 1996: Theresa Wawrykow, University of Manitoba: '*Change in taste and smell perception in the elderly*' (undergraduate); Bette Lemke, University of Saskatchewan: '*Trends in dietary measurements used in the study of health and disease*' (graduate).
- 1997: No award
- 1998: Margaret C. Wright, University of Manitoba: '*Aboriginal Housing: A Female Perspective*' (graduate) CHEJ 49:3.
- 1999: Heather Kovacs, University of Manitoba: '*Healthy Weight Loss*' (undergraduate); Lisa Quinn, University of Manitoba: '*The Ultraviolet Protection Factor*' (undergraduate) CHEJ 50:2; Anita Keeping, Mount Saint Vincent University: '*The Multilateral Agreement on Trade: A Titanic of a Treaty*' (graduate).
- 2000: Mark Spidel, University of Prince Edward Island: '*Is There a Link between Tea Consumption and Cardiovascular Disease?*' (undergraduate) CHEJ 51:1.
- 2001: Chris Watters, St. Francis Xavier University: '*Dietary Protein: Higher Intakes Needed for Athletes Building Lean Body Mass*' (undergraduate) CHEJ 52:1.
- 2002: Erika Brown, University of Alberta: '*Consumer Representation in International Standardization*' (undergraduate); Kelly Andrushko, University of Manitoba: '*Are We There Yet? The Quest for Gender Equity in Family Analysis*' (graduate) CHEJ 52:2.
- 2003: Jennifer Bedford, Acadia University: '*Women's Body Image: The Influence of Aging, Societal Pressure and Concern for Appropriateness*' (undergraduate); Monique Harmon, University of Prince Edward Island: '*Can Dietary Polyphenols Play a Role in Cardiovascular Disease Prevention?*' (undergraduate); Rhonda Breitzkreuz, University of Alberta: '*Developing an Ecology of Poverty: Benefits and Challenges*' (graduate).
- 2004: Michelle Boudreau, Mount Saint Vincent University: '*Homelessness and Violence Against Women: Exploring the Connection*' (undergraduate) JHEIA 13:2; Shannan M. Grant, St. Francis Xavier University: '*The Importance of Biodiversity in Crop Sustainability: A Look at Monoculture*' (undergraduate); Caroline M. Cheng, University of Toronto: '*Osteoporosis: An Overview of Community Nutrition Initiatives*' (graduate).
- 2005: Melanie Auger, University of Alberta: '*Product Development and Sensory Evaluation of Cookies Made with Barley Protein*' (undergraduate); Stephanie Wheler, University of Saskatchewan: '*How Children's and Adolescents' Soft Drink Consumption is Affecting Their Health: A Look at Building Peak Bone Mass and Preventing Osteoporosis*' (undergraduate) JHEIA 13:1; Heather Hosea, University of Manitoba: '*Exploring the Mechanisms Behind S-Adenosylmethionine (SAME) in the Treatment of Osteoarthritis*' (graduate); Jennifer Lambert, University of Alberta: '*Trans Fatty Acids and Health - What is the Evidence?*' (graduate) JHEIA 13:1.
- 2006: Rebekah Lord, Acadia University/Memorial University of Newfoundland: '*Nutritional and Medical Management of Phenylketonuria and Its Implications on Childhood Nutritional Status, Growth and Development*' (undergraduate) JHEIA 15:1; Jennifer Pope, Acadia University /Memorial University of Newfoundland: '*Omega-3 Fatty Acids and Crohn's Disease*' (undergraduate); Michelle Boudreau, Mount Saint Vincent University: '*An Exploration of Intimate Partner Violence against Older Women*' (graduate).

- 2007: Ashley Carroll, Memorial University: *'The Effectiveness of Omega-3 Fatty Acids in Maintaining Remission in Crohn's Patients'* (undergraduate); Leanne Chirkoff, Acadia University: *'Iron Deficiency Cognitive Function and Treatment Strategies in Infants of Developing Countries'* (undergraduate); Maria James, University of Manitoba: *'The Influence of Family Structure on the Time Men Spend for Household Chores and Childcare'* (graduate) JHEIA 15:2; Chris Marinangeli, University of Manitoba: *'Delayed Onset Muscle Soreness; Can Ascorbic Acid Help?'* (graduate).
- 2008: Roseanne Robinson, University of Guelph: *'A Cranberry Product a Day May Help Keep the Unfriendly Bacteria Away'* (undergraduate); Chibuike Udenigwe, University of Manitoba: *'Resveratrol, a Polyphenolic Stilbene Component of Red Wines and Peanuts – Potential in Anticancer and Anti-inflammatory Therapy'* (graduate).
- 2009: Corinne Ludwig, University of Alberta: *'The Little Black Dress'* (undergraduate) JHEIA 17:2; Adrienne Danyliw, University of Saskatchewan: *'Is Juice a Healthy Beverage for Preschoolers? A Canadian Perspective'* (graduate) JHEIA 17:2
- 2010: Jennifer Frohlich and Jessica Leal, University of Alberta: *'Flavonoid intake of adult Albertans with type 2 diabetes estimated using 3-day food recalls; part of the PANDA study'* (undergraduate) JHEIA 18:1 Dana Olstad, University of Alberta: *'Should Marketing of Unhealthy Foods and Beverages to Children be Regulated?'* (graduate) JHEIA 18:1; Rgia Othman, University of Manitoba: *'Can Oat β -glucan, a soluble fibre, Reduce Blood Cholesterol Levels?'* (graduate).
- 2011: Stephanie Varriano, Brescia College, University of Western Ontario: *'The effects of incorporating sweet potato and peanut flours on the sensory properties of probiotic yogurt in Mwanza, Tanzania'* (undergraduate); Emily Quenneville, Brescia College, University of Western Ontario: *'Use of a Diet in FODMAPS for the Management of Irritable Bowel Syndrome'* (graduate).
- 2012: Anna Kouptsova, University of Guelph: *'Metabolically Healthy Obesity: Prevalence and Features'* (undergraduate) JHEIA 19:3. No graduate award.
- 2013: Rebecca Hack, University of Guelph: *'Infant feeding in the context of HIV: A Review of Current Research towards Supporting Breastfeeding In Resource-Poor Settings'* (undergraduate) JHEIA 20:2; Sarah Montgomery, Mount Saint Vincent University: *'The role of S-adenosylmethionine (SAM) in improving cognitive performance in patients with Alzheimer's disease'* (undergraduate) JHEIA 20:2; Leslie Rech, University of Manitoba: *'Polymorphisms in the Zinc Solute Transporter 8 (SLC30A8) are Linked to Diabetes'* (graduate).
- 2014: Stephanie Savoie, University of Guelph: *'The Role of Green Tea in Energy Expenditure and Body Composition'* (undergraduate) JHEIA 21:3; Karlee Dyck and Heather Giesbrecht, University of Manitoba: *'Nutritional Status of Indigenous Women'* (graduate).
- 2015: Rebecca Horne, University of Alberta: *'The Framing of Child Care in Canada: Social Investment Versus Feminist Perspectives'* (undergraduate) JHEIA 22:2; Olena Kloss, University of Manitoba: *'Does thiamin play a critical role during fetal brain development with alcohol exposure?'* (graduate); Sarah Kathleen McIntosh, University of British Columbia: *'Sustainability and home economics/human ecology: Pairing Eleanor Vaines with alternative views of education for sustainable development'* (graduate).
- 2016: Lindsay deBoer, University of Saskatchewan: *'High fructose corn syrup: Consumption and controversy'* (undergraduate) JHEIA 23:2; Emily Kichler, Brescia University College; *'The review of food skills in university students and intervention strategies'* (graduate) JHEIA 23:2.
- 2017: Kira Jewell, University of Guelph: *'Review of existing observational mealtime studies: Examining how parent feeding practices influence child eating behaviours and weight status'*. (undergraduate) JHEIA 24:1. No graduate award.
- 2018: Lauren Degenstein, University of Alberta: *'Biodegradable vs. Non-Biodegradable Textiles: Environmental Impacts Under Standard Landfill Conditions'* (undergraduate); Leigh Merotto, Ryerson University; *'The environmental impact of open-net salmon farming: A critical review and recommendations for policy in Canadian aquaculture'* (graduate).